

# HOLY TRINITY ORTHODOX CHURCH

140 Horseheads Blvd., Elmira Heights, NY • 607-732-3980

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## Sunday, April 21, 2024 – Tone 5 Fifth Sunday of Lent Sunday of St. Mary of Egypt

The Great Fast of Lent continues

until Holy PASCHA (Easter), Sunday, May 5, with the Paschal Divine Liturgy.

“Fasting is acceptable to God when abstaining from food is accompanied by refraining from sins, from envy, from hatred, from slander, from vainglory, from talkativeness, and from other evils.” – St. Photios the Great

### UPCOMING EVENTS (AFTER PASCHA) ... MARK YOUR CALENDAR:

- St. Andrew’s Camp Open House, Bright Saturday, May 11, 9:30 AM, at Camp, 1280 SR 49, Jewell, NY
- Archbishop Michael Visits Our Parish, Sat.-Sun., May 11-12
- Wedding of Justin O’Brien and Madelon Arroyo, Sunday, May 19, 3:00 PM
- Altar Server Retreat, Saturday, June 15, Saints Peter and Paul Church, 210 Hill Avenue, Endicott

## SERVICES AND ACTIVITIES

*Most Services May Be Joined by Live Stream at our YouTube Channel:*

<https://www.youtube.com/@holytrinitychurchelmirany>

*or go to [www.YouTube.com](http://www.YouTube.com) and search for “Holy Trinity Church Elmira Heights NY”*

**Today – 5<sup>th</sup> Sunday of Lent: Mary of Egypt – Please Welcome Fr. Nicholas & Mat. Anastasia Harris**

8:40 AM *Third and Sixth Hour*

9:00 AM *Divine Liturgy*, followed by Fellowship Hour, Church School, and Choir Rehearsal

**Wednesday, April 24**

5:30 PM Private Confession Available

6:30 PM *Liturgy of the Pre-Sanctified Gifts*, with *Litya* for Archpriest Herman Schick (40 days),  
Followed by Lenten Pot Luck Supper Fellowship

**Saturday, April 27 – The Raising of Lazarus (Lazarus Saturday)**

9:00 AM Children’s and Families’ Confessions

9:40 AM *Third and Sixth Hours*

10:00 AM *Divine Liturgy of Lazarus Saturday*, Parish Breakfast, Youth Decorate the Church – All Are Welcome!

5:00 PM *Great Vespers & Litya – Entry of the Lord Into Jerusalem*, Private Confession Afterward

**Sunday, April 28 – Great Feast of the Entry of the Lord Into Jerusalem – Palm Sunday**

8:40 AM *Third and Sixth Hours*

9:00 AM *Divine Liturgy: Blessing of Palms & Pussy Willows*

followed by Fellowship Hour, Church School, Teen Group, and Choir Rehearsal

5:00 PM *Bridegroom Matins of Holy Monday*; Private Confession Available Afterward

Private Confession is available Holy Monday – Holy Thursday, 5:30-6:30 PM

**Great and Holy Monday, April 29**

6:30 PM *Bridegroom Matins of Holy Tuesday*

**Great and Holy Tuesday, April 30**

6:30 PM *Bridegroom Matins of Holy Wednesday*

**Great and Holy Wednesday, May 1**

6:30 PM *Matins of Holy Thursday*,

and the *Service of Holy Unction* and Anointing with Blessed Oil

**Great and Holy Thursday, May 2**

10:00 AM *Vespertal Divine Liturgy* – The Last Supper

6:30 PM *Matins of Great and Holy Friday* – The Passion Gospels

**Great and Holy Friday, May 3**

9:00 AM *Royal Hours* followed by the

Decorating of our Lord’s Tomb by Parish Youth

3:00 PM *Vespers of Holy Friday* – The Burial of Our Lord,

followed by Light Meal in our Fellowship Hall

7:00 PM *Matins of Holy Saturday*: Lamentations and Procession

with the Burial Shroud of Our Lord; and Watch Before the Tomb

**Great and Holy Saturday, May 4**

11:30 PM Nocturns; Procession; Matins of PASCHA and

***The Divine Liturgy of Great and Holy PASCHA***

followed by Basket Blessing and Agape Meal

**HOLY PASCHA (EASTER), SUNDAY, MAY 5**

1:00 PM *The Vespers of PASCHA*

**Bright Monday, May 6**

10:00 AM *Paschal Divine Liturgy with Procession*

## SCRIPTURE READINGS

**EPISTLES Hebrews 9:11-14** Brethren: Christ came as High Priest of the good things to come, with the greater and more perfect tabernacle not made with hands, that is, not of this creation. Not with the blood of goats and calves, but with His own blood He entered the Most Holy Place once for all, having obtained eternal redemption. For if the blood of bulls and goats and the ashes of a heifer, sprinkling the unclean, sanctifies for the purifying of the flesh, how much more shall the blood of Christ, who through the eternal Spirit offered Himself without spot to God, cleanse your conscience from dead works to serve the living God?

**Galatians 3:23-39** Brethren: Before faith came, we were kept under guard by the law, kept for the faith which would afterward be revealed. Therefore the law was our tutor to bring us to Christ, that we might be justified by faith. But after faith has come, we are no longer under a tutor. For you are all sons of God through faith in Christ Jesus. For as many of you as were baptized into Christ have put on Christ. There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus. And if you are Christ's, then you are Abraham's seed, and heirs according to the promise.

**GOSPELS Mark 10:32-45** At that time: Jesus and His disciples were on the road, going up to Jerusalem, and Jesus was going before them; and they were amazed. And as they followed they were afraid. Then He took the twelve aside again and began to tell them the things that would happen to Him: "Behold, we are going up to Jerusalem, and the Son of Man will be betrayed to the chief priests and to the scribes; and they will condemn Him to death and deliver Him to the Gentiles; and they will mock Him, and scourge Him, and spit on Him, and kill Him. And the third day He will rise again." Then James and John, the sons of Zebedee, came to Him, saying, "Teacher, we want You to do for us whatever we ask." And He said to them, "What do you want Me to do for you?" They said to Him, "Grant us that we may sit, one on Your right hand and the other on Your left, in Your glory." But Jesus said to them, "You do not know what you ask. Are you able to drink the cup that I drink, and be baptized with the baptism that I am baptized with?" They said to Him, "We are able." So Jesus said to them, "You will indeed drink the cup that I drink, and with the baptism I am baptized with you will be baptized; but to sit on My right hand and on My left is not Mine to give, but it is for those for whom it is prepared." And when the ten heard it, they began to be greatly displeased with James and John. But Jesus called them to Himself and said to them, "You know that those who are considered rulers over the Gentiles lord it over them, and their great ones exercise authority over them. Yet it shall not be so among you; but whoever desires to become great among you shall be your servant. And whoever of you desires to be first shall be slave of all. For even the Son of Man did not come to be served, but to serve, and to give His life a ransom for many." **Readings Continue Next Page**

### SCRIPTURE READINGS (Continued)

**Luke 7:36-50** At that time: one of the Pharisees asked Jesus to eat with him. And He went to the Pharisee's house, and sat down to eat. And behold, a woman in the city who was a sinner, when she knew that Jesus sat at the table in the Pharisee's house, brought an alabaster flask of fragrant oil, and stood at His feet behind Him weeping; and she began to wash His feet with her tears, and wiped them with the hair of her head; and she kissed His feet and anointed them with the fragrant oil. Now when the Pharisee who had invited Him saw this, he spoke to himself, saying, "This Man, if He were a prophet, would know who and what manner of woman this is who is touching Him, for she is a sinner." And Jesus answered and said to him, "Simon, I have something to say to you." So he said, "Teacher, say it." "There was a certain creditor who had two debtors. One owed five hundred denarii, and the other fifty. And when they had nothing with which to repay, he freely forgave them both. Tell Me, therefore, which of them will love him more?" Simon answered and said, "I suppose the one whom he forgave more." And He said to him, "You have rightly judged." Then He turned to the woman and said to Simon, "Do you see this woman? I entered your house; you gave Me no water for My feet, but she has washed My feet with her tears and wiped them with the hair of her head. You gave Me no kiss, but this woman has not ceased to kiss My feet since the time I came in. You did not anoint My head with oil, but this woman has anointed My feet with fragrant oil. Therefore I say to you, her sins, which are many, are forgiven, for she loved much. But to whom little is forgiven, the same loves little." Then He said to her, "Your sins are forgiven." And those who sat at the table with Him began to say to themselves, "Who is this who even forgives sins?" Then He said to the woman, "Your faith has saved you. Go in peace."

### **PASTORAL CARE – GENERAL INFORMATION**

**Emergency Sick Calls** can be made at any time. Please call Father David at 732-3980, when a family member is taken to the hospital.

**Anointing In Sickness:** The Sacrament of Unction is available in Church, the hospital, or your home, for any Orthodox Christian who is sick, however severe. If you are preparing for surgery (or recovering from it), please call Father.

**Marriages and Baptisms** require early planning, scheduling, and selection of sponsors (crown bearers or godparents). See Father before booking dates, choosing sponsors, and reserving reception halls.

**Funerals** are celebrated for practicing Orthodox Christians who have not declined the Sacraments.

***The Church opposes cremation; we cannot celebrate funerals for cremated persons.***

### **Prayer List**

**Memory Eternal:** Daniel; Timothy; George; Protodeacon Joseph; Eugenia; Barbara; Edward; Matushka Anastasia Chupeck; Simeon; John; Stephen & Deborah; Archpriest Herman Schick; Archpriest Anthony Karbo; Betty; Jerry; Randy; Natalie; Daniel. All those taken from us by sickness, violence, injury and disaster.

**For Health:** Paul & Mildred Urda; Michael Karney; recovering Julianna, Meredith, Patrick; Matushka Kathryn; Fr. Jason Kappanadze; Fr. Daniel & Mat. Myra Kovalak; Fr. Joseph & Matushka Ellen Chupeck; Pani Joan Mahler; Mat. Cynthia Schick; Mat. Gretchen Maciolek; Abby, Helen; Matrona; Eileen; Don; Michael; Richelle; Dennis; Tim; Veronica; Sebastian & Victoria; Margaret; David, Shelley; Roberto; Jim; Shawn; Gregory; Patricia; Carl; Olga; Nancy; David; James; Julie; Antonina; Brooke; Elena; Tyler; Dmitri; expecting mothers Matushka Krista, Matushka Mihaela, Anastasia, Elena, Kathryn, Lauren, and the children to be born of them; Rachel and her newborn daughter; Deborah; Juliana; John; Christa; Scott & Casey, Child Hannah, Joshua, Ilsa, Erica, Caitlin, Helen, Ruth, Katherine, Sierra; Nicholas, Sergei; Nancy; Anna; Catechumens Stephen, Raychel, Jason & Oliver.

**Diocesan Prayer Requests:** Archbp. NATHANIEL; Archbp. BENJAMIN; Bishop MATTHIAS; Matushka Shirley Lickwar; Mat. Jeanne Zablotzky; Subdeacon Peter; Yvonne, Elaine, John, Don, Robert, Casey, Gabriel, Christina, Peter, Theresa, Vera; Bonnie, Konstantin, Svetlana, Nikita, Daniel, Ruslan, Nikita, Elena, Tatyana, Natalie, Valeria, Sergey, Lilia, Lubov, Victoria, Irina; Marina, Ilya, Svetlana, Tania; Alexander; Anastasia, Julia; Ann Marie and the child to be born of her, Justin; Paul, Robert; Helen, Anna; Paula. All the clergy, faithful and their families of the Diocese of New York and New Jersey. **Name Day:** George Lamprinos (Great-Martyr George, 4/23). **Birthdays:** Dorothea Neidig (4/20/23); Jessica Fanaro (4/22).

#### **Parish Children:**

Lucia	Hannah	Jeremiah	Andrew	Myra	Ezekiel	Aalyiah	Sophia
Lydia	Natalie	Emilia	Patrick	Sophia	Rdr. Dmitri	Jonah	Gabriel
Angelina	John	Thomas	Nikolai	Melania	Alexei	Nadia	Rdr. Gabriel
Justus	Elea	Samuel	Gabriel	Michael	Hannah	Raphael	Verity
Julie	Michelle	Aiden	Shea	Jack	Oliver	Elizabeth	Anthony
Evangeline	Alfred	Rosemary	James	Brighid	Dorothea		

#### **College Students:** Nathan Devens – SUNY Cobleskill

Larissa Cheplick – Daemen College • Julianna Cheplick – SUNY Delhi

Anastasia Shikula & Magdalena Botrous – LECOM Elmira

Please give prayer requests to Fr. David, Dn. Michael, Subdcn. Walter, or a Reader.

Typically, parish prayer requests remain on this list for 40 days.

### **READERS' SCHEDULE**

April 20th – April 27th: Emilia Karney, Natalie Karney & Lydia Dudek (6th Week of Great Lent & Lazarus Sat 4/27)

April 27th & 28th: Reader Alexander (Palm Sunday) ♦ Holy Week: All Readers – special schedule TBA

### **FELLOWSHIP HOUR HOSTING SCHEDULE**

April 21 Rinchack & Cowan Families ♦ April 28 Fanaro Family ♦ May 5 PASCHA Agape Meal  
May 12 Parish Luncheon with Archbishop Michael ♦ May 19 Angelo, Gomez, and O'Brien Families  
May 26 Cheplick Families ♦ June 2 Karney Families ♦ June 9 Weeks & Turic Families  
June 16 Cusick & Hulst Families ♦ June 23 Pentecost Parish Potluck ♦ June 30 King Families

### **CHURCH CLEANING SCHEDULE**

April 21 Nina Dudek ♦ April 28 Toni Weeks ♦ May 5 Amy Rinchack  
May 12 Matushka Katie ♦ May 19 Nina Dudek ♦ May 26 Toni Weeks



**Great Lent and PASCHA 2024** at Holy Trinity Orthodox Church, Elmira Heights  
 140 Horseheads Blvd., Elmira Heights, NY ♦ (607) 732-3980 ♦ [www.HolyTrinityOrthodoxChurch.org](http://www.HolyTrinityOrthodoxChurch.org)

**APRIL – MAY 2024**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>APR 21 ST MARY OF EGYPT</b> 8:40 AM 3 <sup>rd</sup> & 6 <sup>th</sup> Hours 9:00 AM Liturgy; Fellowship Hour; Church School; Choir Rehearsal	<b>22 6<sup>TH</sup> MONDAY</b>	<b>23 6<sup>TH</sup> TUESDAY</b>	<b>24 6<sup>TH</sup> WEDNESDAY</b> 5:30 PM Private Confession Available 6:30 PM Pre-Sanctified Liturgy with Lituya for Fr. Herрман Schick (40 Days) and Lenten Pot Luck	<b>25 6<sup>TH</sup> THURSDAY</b>	<b>26 6<sup>TH</sup> FRIDAY</b>	<b>27 LAZARUS SAT.</b> 9:00 AM Children's & Families' Confessions 9:40 AM 3 <sup>rd</sup> and 6 <sup>th</sup> Hour 10 AM Liturgy; Breakfast; Decorating the Church 5:00 PM Vespers & Litya, Palm Sunday; Blessing Palms & Willows; Confession
<b>28 PALM SUNDAY</b> 8:40 AM 3 <sup>rd</sup> & 6 <sup>th</sup> Hours 9:00 AM Liturgy; Blessing of Palms & Willows; Fellowship Hour; Church School; Teen Group; Choir Rehearsal 5:00 PM Bridgroom Matins	<b>29 HOLY MONDAY</b> 5:30 PM Confessions 6:30 PM Bridgroom Matins	<b>30 HOLY TUESDAY</b> 5:30 PM Confessions 6:30 PM Bridgroom Matins	<b>MAY 1 HOLY WEDNESDAY</b> 5:30 PM Confessions 6:30 PM Matins of Holy Thursday, Followed by Holy Unction and Anointing	<b>2 HOLY THURSDAY</b> 10:00 AM Vespers Liturgy, Holy Thursday 5:30 PM Confessions 6:30 PM Matins with the 12 Passion Gospels	<b>3 GREAT &amp; HOLY FRIDAY</b> 9:00 AM Royal Hours 3:00 PM Vespers of Holy Friday; Light Meal After 7:00 PM Matins with Procession of Shroud; Teen Watch at the Tomb	<b>4 HOLY SATURDAY</b> 10:00 AM Vespers Liturgy, Holy Saturday 11:30 PM Nocturns, Procession, Matins, Liturgy of PASCHA, Bless Baskets, Agape Breakfast
<b>5 HOLY PASCHA</b> 1:00 PM Vespers of PASCHA	<b>6 BRIGHT MONDAY</b> 9:50 AM Paschal Hours 10:00 AM Paschal Divine Liturgy of Bright Monday, with Cross- Procession Outside	<b>7 BRIGHT TUESDAY</b>	<b>8 BRIGHT WEDNESDAY</b>	<b>9 BRIGHT THURSDAY</b>	<b>10 BRIGHT FRIDAY</b> <i>Morning: Liturgy &amp; Open House at St. Andrew's Camp</i> Archbishop Michael Visiting: 5:00 PM Great Vespers	<b>11 BRIGHT SATURDAY</b> <i>Morning: Liturgy &amp; Open House at St. Andrew's Camp</i> Archbishop Michael Visiting: 5:00 PM Great Vespers
<b>12 ST. THOMAS SUNDAY</b> Archbishop Michael Visiting: 9:00 AM 3 <sup>rd</sup> & 6 <sup>th</sup> Hours 9:30 AM Liturgy; Fellowship Hour	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>19 MYRRH-BEARERS</b> 8:40 AM 3 <sup>rd</sup> & 6 <sup>th</sup> Hours 9:00 AM Liturgy; Fellowship Hour & Church School 3:00 PM Wedding of Justin O'Brien and Madelon Arroyo	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b> 5:00 PM Great Vespers and Private Confession

## Join the *Beauty Team!*



We are called to sanctify time by participating in the Feasts of the Church. An especially meaningful way to participate in the Feasts is to adorn the Festal Icon or The Cross with the God-created beauty of *flowers*.

Consider signing up to offer flowers and decorate the icons of one of these feast days below:

### Flower Ministry Schedule 2024

March 24	Annunciation to the Theotokos	Mat. Tamara
April 6	3 <sup>rd</sup> Sunday of Lent, Veneration of the Cross	Fanaro Family
April 27	Entry into Jerusalem, Palm Sunday	Parish Youth
May 3	Holy Friday, Tomb of our Lord	Parish Youth
May 4	Pascha	Lamprinos/Cowan
June 22	Pentecost	_____
August 14	Dormition of the Theotokos	Antonina Weeks
September 7	Nativity of the Theotokos	_____
September 13	Exaltation of the Life Creating Cross	Karney Family
November 20	Presentation of the Theotokos into the Temple	Deborah King
November 30	Christmas Tree	Parish Youth
December 23	Nativity of Our Lord	_____

To sign up, please see Matushka Tamara.

# PASCHA 2024 – HOLY TRINITY CHURCH, ELMIRA HEIGHTS DECORATIONS, LITURGICAL ITEMS & FELLOWSHIP

## Voluntary Donations for the Pascha Celebration

If you wish to sponsor one or more of the following items, please make a check mark in the blank.  
Please place the name(s) of loved ones you wish to commemorate in the spaces at the bottom.

Thank you, and may God grant you a spiritually fruitful Holy Week journey – and a most joyous PASCHA!

### CANDLES

- Beeswax Candles for Holy Thursday Evening –  
The 12 Passion Gospels Service .....\$25.00
- Beeswax Candles for Holy Friday Evening –  
The Lamentations Service .....\$25.00
- Vigil Candles for the Holy Altar Table .....\$25.00
- Vigil Candles – Tetrapod (Center Table) .....\$25.00

### SACRAMENTAL & LITURGICAL ITEMS

- Sacramental Wine .....\$50.00
- Rose incense .....\$25.00
- Rose oil (Great and Holy Friday) .....\$25.00
- Eucharistic Breads .....\$25.00

### “BREAKING BREAD” PARISH FELLOWSHIP

- Holy Friday Supper Supplies .....\$25.00
- Pascha Night Agape Breakfast .....\$50.00



### SENDING YOUR DONATION

My donation(s) are with prayers for:

Departed Loved Ones \_\_\_\_\_

Living Loved Ones \_\_\_\_\_

(Feel free to list different names for multiple items – for example, “Lilies in memory of Mary Smith, Roses in memory of John Jones.”)

Donated by \_\_\_\_\_

Your phone number \_\_\_\_\_ Email \_\_\_\_\_

Please either bring your donations to church and give them to Fr. David or to Toni Weeks (Parish Treasurer),  
or mail them to Holy Trinity Orthodox Church, 140 Horseheads Blvd., Elmira Heights, NY 14903. Thank you!