

HOLY TRINITY ORTHODOX CHURCH

140 Horseheads Blvd., Elmira Heights, NY • 607-732-3980

Rector: Fr. David Cowan • Deacon S. Michael Karney

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Sunday, May 24, 2026 – Tone 6

Seventh Sunday of Pascha – Afterfeast of the Ascension

The Holy Fathers of the First Ecumenical Council

**110th ANNIVERSARY CELEBRATION!
PENTECOST WEEKEND – MAY 30-31, 2026**

Archbishop Michael will lead the Divine Services:

Saturday, May 30, 5 PM – Great Vespers & Litya

Sunday, May 31, 9 AM – Greeting the Archbishop

and Celebration of the Hierarchical Divine Liturgy

Festive Banquet Follows, in the Ministry Hall

Upcoming Events:

Family Day BBQ & Campfire Event,

at the Stewarts' Farm – August, Date TBA

Wednesday, September 30, 7 PM – Visiting Speaker,

Abbot Sergius from St. Tikhon's Monastery

EVERYONE IS INVITED! LET'S CELEBRATE!



SERVICES AND ACTIVITIES

Most Services May Be Joined by Live Stream at our YouTube Channel:

<https://www.youtube.com/@holytrinitychurchelmira>

or go to www.YouTube.com and search for “Holy Trinity Church Elmira Heights NY”

Sunday, May 24 – The Fathers of the First Ecumenical Council – 7th Sunday of Pascha

8:40 AM *Third and Sixth Hours*

9:00 AM *Divine Liturgy*, Followed by Fellowship Hour, Church School and Choir Rehearsal

Wednesday, May 27

7:00 PM “Into the Narrow Gate” Zoom Class for Inquirers & Catechumens (All Are Welcome)

Friday, May 29

6:30 PM *Panikhida (Memorial for the Departed)* for All the Departed of Our Parish

Saturday, May 30 – Eve of Pentecost – Welcoming His Eminence, Archbishop Michael

5:00 PM *Great Vespers with Litya*; Followed by “Q&A With Archbishop Michael” and Refreshments, Downstairs

Sunday, May 31 – Holy Pentecost; Our Altar Feast and the 110th Anniversary Celebration of Our Parish

8:15 AM *3rd and 6th Hours*; Before the Greeting of the Archbishop

8:55 AM *Procession* of Archbishop Michael with Servers and Singers, from the Rectory to the Church

9:00 AM *Greeting and Vesting* of Archbishop Michael

Hierarchical Divine Liturgy and Kneeling Vespers of Pentecost,

Followed by Anniversary Banquet in the Ministry Hall

Thursday, June 4

7:00 PM “Into the Narrow Gate” Zoom Class for Inquirers & Catechumens (All Are Welcome)

On Saturday, May 30, please stay after the Vespers service for “Q & A With Archbishop Michael!” Bring your questions on Scripture... the Saints... the spiritual life... and spend some time with our Archpastor!

CONGRATULATIONS – NEW BABY! Kalliope Rose Harvey

We send our CONGRATULATIONS to Sarah and Jeremiah Harvey, children Josphine, Killian and Rory; on the birth of Baby Number Four – Kalliope Rose Harvey, born Wednesday, May 20! Mommy and baby are home and doing well!

May God Grant Them Many Blessed Years!

THANK YOU to the men of HTOC, who organized, cooked, served and cleaned for the delicious, plentiful Mother’s Day Brunch!

GRADUATE SUNDAY is June 14...

Reader Dimitri Charlanow • Nikolai Cheplick • Larissa Cheplick • Nathan Devens

If there are additional Graduates from High School, College, Trade Schools or beyond, please tell Father.

Music and Language Lessons Available

Carrie Matrona Hooper offers piano, voice, and foreign language lessons to people of all ages and abilities.

For more information, contact Carrie Matrona at 607-732-6788 or email hoot751@stny.rr.com

PASTORAL CARE – GENERAL INFORMATION

Emergency Sick Calls can be made at any time. Please call Father David at 732-3980, when a family member is taken to the hospital.

Anointing In Sickness: The Sacrament of Unction is available in Church, the hospital, or your home, for any Orthodox Christian who is sick, however severe. If you are preparing for surgery (or recovering from it), please call Father.

Marriages and Baptisms require early planning, scheduling, and selection of sponsors (crown bearers or godparents). See Father before booking dates, choosing sponsors, and reserving reception halls.

Funerals are celebrated for practicing Orthodox Christians who have not declined the Sacraments.

The Church opposes cremation; we cannot celebrate funerals for cremated persons.

SCRIPTURE READINGS

EPISTLE Acts 20:16-18, 28-36 In those days, Paul had decided to sail past Ephesus, so that he would not have to spend time in Asia; for he was hurrying to be at Jerusalem, if possible, on the Day of Pentecost. From Miletus he sent to Ephesus and called for the elders of the church. And when they had come to him, he said to them: "You know, from the first day that I came to Asia, in what manner I always lived among you, Therefore take heed to yourselves and to all the flock, among which the Holy Spirit has made you overseers, to shepherd the church of God which He purchased with His own blood. For I know this, that after my departure savage wolves will come in among you, not sparing the flock. Also from among yourselves men will rise up, speaking perverse things, to draw away the disciples after themselves. Therefore watch, and remember that for three years I did not cease to warn everyone night and day with tears. So now, brethren, I commend you to God and to the word of His grace, which is able to build you up and give you an inheritance among all those who are sanctified. I have coveted no one's silver or gold or apparel. Yes, you yourselves know that these hands have provided for my necessities, and for those who were with me. I have shown you in every way, by laboring like this, that you must support the weak. And remember the words of the Lord Jesus, that He said, 'It is more blessed to give than to receive.'" And when he had said these things, he knelt down and prayed with them all.

GOSPEL John 17:1-13 The Lord spoke these words, lifted up His eyes to heaven, and said: "Father, the hour has come. Glorify Your Son, that Your Son also may glorify You, as You have given Him authority over all flesh, that He should give eternal life to as many as You have given Him. And this is eternal life, that they may know You, the only true God, and Jesus Christ whom You have sent. I have glorified You on the earth. I have finished the work which You have given Me to do. And now, O Father, glorify Me together with Yourself, with the glory which I had with You before the world was. I have manifested Your name to the men whom You have given Me out of the world. They were Yours, You gave them to Me, and they have kept Your word. Now they have known that all things which You have given Me are from You. For I have given to them the words which You have given Me; and they have received them, and have known surely that I came forth from You; and they have believed that You sent Me. I pray for them. I do not pray for the world but for those whom You have given Me, for they are Yours. And all Mine are Yours, and Yours are Mine, and I am glorified in them. Now I am no longer in the world, but these are in the world, and I come to You. Holy Father, keep through Your name those whom You have given Me, that they may be one as We are. While I was with them in the world, I kept them in Your name. Those whom You gave Me I have kept; and none of them is lost except the son of perdition, that the Scripture might be fulfilled. But now I come to You, and these things I speak in the world, that they may have My joy fulfilled in themselves."

Prayer List

Memory Eternal: Steven; Ruth; Reader Victor Shanchuk; Raphael; Aline, Terry; Patricia; Lou, John; Debra; Peter; Sergey; Infant Avery; Monique and her unborn child; Victoria, Madison; Margaret; Sergei; Stephanida; Robert; Jay, Sophie, Athena; Olga. All veterans, soldiers, and military personnel departed this life on this Memorial Day weekend. All those taken from us by sickness, violence, injury and disaster.

For Health: Newborn Kalliope Rose Harvey and her mother Sarah; Newly-Crowned Steven & Nicole Follansbee; Beverly Michalko; Steven & Patricia Olson; Antonina Weeks; Kathleen Loveland; Matushka Mary Reynolds; Matushka Kathryn; Mat. Anastasia Molodyko-Harris; Fr. Daniel & Mat. Myra Kovalak; Mat. Patricia Mason; Kyriakos; Katrina; Susan; Andrea; Agnes; Richard; Charles; Andrew; Michael; Julee; Many; Olga; Joyce; Matrona; Brooke; Tyler; George; expecting mothers Anastasia, Catherine, Eyerin, Lyndsey, Meryl, Presbyteria Krista, Matushka Margaret and the children to be born to them; child Natalie & Ana; James; James & Deborah; John; Scott & Casey, Child Hannah, Joshua, Ilsa, Erica, Harry, Caitlin, Helen, Sierra; Catechumens Raychel, Oliver, Madeline, Tomas, Camron, Logan, Robert, William & Mayona; Richard & Sandra.

Diocesan Prayer Requests: Archbp. NATHANIEL; Archbp. BENJAMIN; Fr. David Fox; Fr. John Holoduek; Fr. Michael Speck; Fr. Alexis Vinogradov; Deacon Michael Speck, Jr.; Matushka Ellen Chupeck; Reader Vasily Bolinsky; Geoff; Luke, Edmund, Linda; newborn Joel & Lazarus; Hugette; Eric & Lori; Nicholas; Anne & newborn son Andrew; Nancy, Bob, Sabir, Irina, Kelly, Jennifer, Maria; Karla, Larisa, Robert; Paula; Andrew; Richard; Sarah & David, Heather; Peter, Matthew; Vasily, Enrique, Daisy, Byron, Sandy. All the clergy, faithful, their families and those who are ill, of the Diocese of New York and New Jersey. All those afflicted by warfare in Iran, Ukraine, and around the world. **For**

Memorial Day: All veterans, soldiers, and military personnel, on this Memorial Day weekend. **Name Day:** William Stewart (St. William of Gellone, 5/28). **Birthdays:** Robert Lewis (5/18), Joachim Hojnicky (5/22), Christal Crowell (5/24), Sherri Gomez (5/25), Brigid Fanaro (5/26). **Anniversary:** Rdr. William & Mary-Carol Haluszczak (5/29).

Traveling: Dn. Michael, traveling this week; Amy; Kyra.

Parish Children:

Lucia	Hannah	Jeremiah	Andrew	Myra	Ezekiel	Aalyiah	Sophia			
Lydia	Natalie	Emilia	Patrick	Sophia	Rdr. Dmitri	Jonah	Gabriel			
John	Nikolai	Melania	Alexei	Justus	Elea	Samuel	Gabriel			
Michael	Hannah	Raphael	Verity	Julie	Michelle	Shea	Jack			
Oliver	Anthony	Evangelina	Alfred	Rosemary	James	Brigid	Anna	Dorothea		
Josephine	Killian	Rory	Kalliope	Levi	Azariah	Elijah	Galilee	Lydia	Sandra	Mayona

College Students: Larissa Cheplick – Daemen College • Julianna Cheplick – SUNY Delhi •

Thomas Cheplick – Corning Community College • Nathan Devens – SUNY Cobleskill •

Nadia Powers – SUNY Buffalo • Angelina McKane – West Point Academy • Madeline Cieslak – Elmira College

Cynthia Mathai, Mihaela Toader, Anastasia Shikula & Magdalena Botrous – LECOM Elmira

Please give prayer requests to Fr. David, Dn. Michael, or a Reader.

Typically, parish prayer requests remain on this list for 40 days.

READER SCHEDULE: May 23rd – May 30th: Reader Dmitri ♦ May 30th – June 6th: Pentecost – Rdr. William ♦ June 6th – 13th: Natalie Karney, Emilia Karney & Lydia Dudek ♦ June 13th – 20th Mary Carol Haluszczak ♦ June 20th -27th: Reader Alexander ♦ June 27th – July 4th: Reader Dmitri ♦ July 4th – 11th: Matushka Tamara ♦ July 11th -18th: Reader William ♦ July 18th – 25th: Mary Carol Haluszczak ♦ July 25th – August 1st: Reader Alexander ♦ August 1st – 8th: Natalie Karney, Emilia Karney & Lydia Dudek ♦ August 8th – 15th: Mary Carol Haluszczak ♦ August 15th – 22nd: Reader Alexander ♦ August 22nd – 29th Matushka Tamara ♦ August 29th – Sept 5th: Reader William

FELLOWSHIP HOUR HOSTING SCHEDULE

May 24 King Families ♦ **31 Pentecost** – 110th Anniversary Celebration with Archbishop Michael

June 7 Fanaro ♦ **14** Graduate Sunday – Charlanow (Fast) ♦ **21** Father's Day – Cowan, Crowell, Weeks, Turic (Fast) ♦ **28** Cheplick Families & Speen Family (Fast) ♦ **July 5** Karney ♦ **12** Follansbee/George ♦ **19** Cowan ♦ **26** Cusick/ Hults
Please tell Mat. Tamara if your date does not work for you. Thank you all for your efforts in this important ministry!

CHOIR REHEARSAL SCHEDULE: Sunday, May 24, after Liturgy

CHURCH CLEANING – 5/24 Heidi ♦ 5/31 Nina ♦ 6/7 Mat. Katie ♦ 6/14 Heidi ♦ 6/21 Nina ♦ 6/28 Mat. Katie

COFFEE HOUR SUPPLIES – DONATIONS GRATEFULLY ACCEPTED FOR:

Cold Drink Cups ♦ Small Plates ♦ Juices ♦ Napkins

CELEBRATING OUR 110TH PARISH ANNIVERSARY

Voluntary Donations for the Celebration

If you wish to sponsor one or more of the following items, please make a check mark in the blank.

Please place the name(s) of loved ones you wish to commemorate in the spaces at the bottom.

Pentecost Beautification for Church \$ _____

Guest Speaker Event 9/30 with Fr. Sergius \$ _____

110th Anniversary Banquet \$ _____

“As Needed” for the Celebration Events \$ _____



SENDING YOUR DONATION

My donation(s) are with prayers for:

Deceased Loved Ones

Living Loved Ones

(Feel free to list different names for items –
for example, “Lilies in memory of Mary Smith, Roses in memory of John Jones.”)

Donated by _____

Your phone number _____

Email _____



Give Online with
QR Code; select “110th Anniv.”
under “Please Choose Fund”,
and type specific items
in the Memo section if you wish.

Please either bring your donations to church and give them to Fr. David or to Toni Weeks (Parish Treasurer), or mail them to Holy Trinity Orthodox Church, 140 Horseheads Blvd., Elmira Heights, NY 14903. **Thank you!**

St. Tikhon's Monastery – South Canaan, Pennsylvania

122nd Annual Memorial Day Pilgrimage – May 22-25, 2026



Schedule

FRIDAY, MAY 22, 2026

4:00 PM Official Opening of the 122nd Pilgrimage Vespers & Matins – Monastery Church

All pilgrims are invited to dinner in the monastery dining hall.

7:00 PM Commencement Speaker at the Seminary Convocation Center

SATURDAY, MAY 23, 2026

9:00 AM Hierarchical Divine Liturgy – Monastery Church
A meal for all pilgrims in the monastery dining hall to follow.

1:00 PM 84th Commencement of St. Tikhon's Orthodox Theological Seminary

4:00 PM Resurrection Vigil – Monastery Church
Dinner for all pilgrims in the monastery dining hall to follow.

SUNDAY, MAY 24, 2026

9:00 AM Hierarchical Divine Liturgy – Monastery Church
A meal for all pilgrims in the monastery dining hall to follow

4:30 PM Vespers and Matins – Monastery Church

MONDAY, MAY 25, 2026 – MEMORIAL DAY

7:30 AM Hours & early Divine Liturgy – All Saints Church

10:00 AM Hierarchical Divine Liturgy – Monastery Church

2:30 PM Healing service to the Mother of God – All Saints Church

4:30 PM Vespers and Matins and closing of Pilgrimage – Monastery Church

***Food vendors will be onsite all day Monday in the Bookstore parking lot.*

**For more information,
visit sttikhonsmonastery.org or
call (570) 937-4067.**

**Address: 175 St. Tikhon's Road,
Waymart, PA 18472**



ANNIVERSARY
HOLY TRINITY
ELMIRA HEIGHTS



Anniversary Banquet to follow the Pentecost Liturgy with Archbishop Michael on Sunday, May 31

In Thanksgiving to God for 110 years, our parish family will enjoy a ***Thanksgiving Feast*** together in our Ministry Hall!

We will also be celebrating **Father David's 20th Anniversary of Ordination to the Holy Priesthood.**

The roasted turkey and celebration cakes will be provided.

Please sign up to bring your favorite Thanksgiving side dish, dessert or drinks. **Use the link to see the list** of what is still needed and sign up: <https://www.signupgenius.com/go/30E0C4BA-BA82DA6FE3-64198807-thanksgiving>

Or sign up in person with the **Banquet Team: Toni Weeks, Jessica Fanaro, Meredith Lamprinos, Marilyn Cusick or Mat. Tamara.**

We look forward to sharing this momentous day with you all!

TEEN GROUP FUNDRAISER!

110th Anniversary

Commemorative Christmas Ornament

\$20 each or 2 for \$30



Proceeds to be used for a future outreach trip.

Thank you for your support!